

Here are the upcoming May and June Classes – Please note the change of dates for Session 4 and 5 of the “Say Yes to No” Classes. The May 13<sup>th</sup> class was changed to May 24<sup>th</sup> and the May 24<sup>th</sup> was moved to June 1<sup>st</sup>.

**Class: Say Yes to No Session 4: Real Self-Esteem and How to Praise Our Kids**

**When: Monday, May 24<sup>th</sup> – 6:30pm to 8:30pm**

**Where: WECC/HS Building**

**Time: 6:30pm to 8:30pm**

**Register by May 20th at 218-983-3285 ext. 1225**

In this session we will learn:

- The difference between real self-esteem and the myths that often distort its meaning
- Rules for helpful praise

**Class: Say Yes to No Session 5: Encourage Kids – and Prevent Discipline Deficit (DDD)**

**When: Tuesday, June 1<sup>st</sup> – 6:30pm to 8:30pm**

**Where: WECC/HS Building**

**Register by May 27<sup>th</sup> at 218-983-3285 ext. 1225**

In this session we will learn:

- How to balance limits and consequences with encouragement
- How to reverse Discipline Deficit Disorder (DDD)
- Wrap UP

**Class “Touchpoints 12 months to 36 months” (Dr. Brazelton approach)**

**When: Tuesday, May 11<sup>th</sup> 1pm to 4pm**

**Where: Riverland Apartments in Mahanomen**

**Register by Monday, May 10<sup>th</sup> at 218-983-3285 ext. 1225**

**Repeat of the May 11<sup>th</sup> Class “Touchpoints 12 months to 36 months (Dr. Brazelton approach)**

**When: Tuesday, May 12<sup>th</sup> 1pm to 4pm**

**Where: Riverland Apartments in Mahanomen**

**Register by Monday, May 10<sup>th</sup> at 218-983-3285 ext. 1225**

**Upcoming Classes in July – dates to be announced**

**Touchpoints - 36month to 60 months – 2 classes**

**Trainings for our Youth**