Title: Nurtured Heart Approach part II (must of attended part 1 of NHA class to attend)
When: Weds. January 25th
Time: Class is offered two times this day - 12:00 to 2:00pm and 2:30 to 4:30 pm
Where: Ogimaawigamig – WETCC Administration Office – 102 3rd Street NE, Mahn. MN
Registry Contact: Sue Heisler 218-983-3285 ext. 1225 resister by Monday, January 23rd
Trainer: Sue Heisler
Description: Review of the 4 Steps Active, Experiential, Proactive and Creative Recognition. We will look at “Next Steps – Consequences, and Limit Settings. The NHA differs from other methods in that consequences are not about altering the child’s thinking by way of drastic matter but by building the child’s inner wealth. That’s where the awakening really occurs. Giving positive in the moment is what is powerful. The real power of the consequences is the momentary interruption that gives the child the impression that there has been a result of her action. It opens the door for the next real awakening that happens through the next series of successes that occur when the problem isn’t happening. We will discuss eliminating the warnings, time ins, consistency, and how to be creative with the “Time-0uts” – using language that work for you child such as “reset” – “pause” – remembering It’s about inserting a momentary break so the child can return to energizing success. We will also study how to present consequences.

Title: Six Keys of Mental Health in Early Childhood Programs – 12 hours
When: Saturday January 28th and February 11, 2012 – must attend both classes for credit
Time: 9:00 am to 3:00 pm
Where: Holiday Inn Express
2422 Ridgeway Avenue
Bemidji, MN 56601
Registry Contact: Sue Heisler 218-983-3285 ext. 1225 resister by Wednesday, January 25, 2012
Cost is $57 – It is a CCRR Class out of NW District
Trainer: Sue Heisler
Description: CDA Content Area: 3 & 8
Key #1: Early Childhood Mental Health: Why Your Role Matters!
This workshop helps participants discover ways in which their early childhood role can nurture the emotional development of young children through interactions, practices, and modeling in order to build secure attachment relationships. Participants will examine what mental health means in young children and discuss specific strategies for providing consistency, responsiveness, and security in an emotionally healthy environment. (From the Center for Inclusive Child Care)

Key #2: How Do We Give Children a Strong Start? Know the Key Emotional Milestones
This workshop focuses on the important emotional milestones caregivers can help children achieve as the foundation for positive mental health. This class will discuss how to use social and emotional development checklists to identify where children are in their development and look at strategies to support them as they progress to the next social emotional milestone. (From the Center for Inclusive Child Care)
Upcoming Classes offered to Parents, Teachers, Grandparents, Caregivers, and Community Members through the White Earth Child Care/Early Childhood Programs

Key #3: Why Do Children Act the Way They Do? Understanding How a Child is ‘Wired’
This workshop will examine how children are genetically ‘wired’ with temperament traits that make each child’s reactions to the world unique and how these reactions impact their emotional development. Participants will also discuss their own temperaments and examine strategies for applying a ‘goodness of fit’ model that fosters positive mental health for all children. (From the Center for Inclusive Child Care)

Key #4: Teaching Children to Know Their Own Engines: A Look at Your Environment
This course examines specific strategies for promoting self-regulation skills in young children through environmental supports in the early childhood setting and how impulse-control relates to their positive mental health. Participants will explore key characteristics of the physical and emotional environment that can encourage children to learn to identify and express their feelings through everyday activities. (From the Center for Inclusive Child Care)

Key #5: Supporting Resilience in Children: The Little Engine That Could
This course examines characteristics of resiliency and its key relationship to children’s mental health. Participants will explore the role resiliency plays as a critical factor in how children who are at risk will handle stress, react or adapt to negative situations, and overcome obstacles in their emotional growth. Participants will develop practical strategies for improving their environment and programming to enhance and support resiliency in young children. (From the Center for Inclusive Child Care)

Key #6: Making and Keeping Friends: The Importance of Friendship Skills
This course examines the important relationship between mental health and social development. Participants will explore key friendship skills and social competencies needed for children to be successful in their social relationships. Strategies will include how to use activities to promote skills to avoid aggression and build self-esteem in all children. (From the Center for Inclusive Child Care)
All participants will receive the book, The Six Keys: Strategies for Promoting Children’s Mental Health in Early Childhood Programs! CEUs available for an additional charge.

Training: Autism: Including Children with Social, Communication, and Behavioral Needs
When: Thursday, January 31, 2012
Time: 6:30 to 9:30 pm
Where: Bagley Elementary School
ECFE Wing- Community Room B
202 Bagley Avenue
Bagley, MN 56621
Registry Contact: Sue Heisler 218-983-3285 ext. 1225  Cost: $21 – Register by Thursday, January 26th
Instructor: Sue Heisler - CCRR class out of NW District
Description: This workshop will explore the key characteristics of Autism Spectrum Disorder and give early childhood practitioners tools to more effectively include a child with Autism in their child care setting. Included in this interactive workshop are myths and facts about Autism as well as practical strategies and tips for inclusion. (From the Center for Inclusive Child Care)

Learning Objectives:
1. Participants will recognize some of the facts and misconceptions about Autism. 2. Participants will discuss strategies that facilitate inclusion of children with Autism in a child care setting. 3. Participants will explore strategies for helping families. 4. Participants will identify services in their community to which parents may be referred.
Upcoming Classes offered to Parents, Teachers, Grandparents, Caregivers, and Community Members through the White Earth Child Care/Early Childhood Programs

Training: Autism: Including Children with Social, Communication, and Behavioral Needs

When: Tuesday, February 7, 2012
Time: 6:30 to 9:30 pm
Where: Courtyard by Marriot
    Red River Room
    2018 28th Avenue South
    Moorhead, MN 56560

Registry Contact: Sue Heisler 218-983-3285 ext. 1225 Cost: $21 – Register by Wednesday, February 1st, 2012
Instructor: Sue Heisler – CCRR class out of NW District

Description: This workshop will explore the key characteristics of Autism Spectrum Disorder and give early childhood practitioners tools to more effectively include a child with Autism in their child care setting. Included in this interactive workshop are myths and facts about Autism as well as practical strategies and tips for inclusion. (From the Center for Inclusive Child Care)

Learning Objectives:
1. Participants will recognize some of the facts and misconceptions about Autism.
2. Participants will discuss strategies that facilitate inclusion of children with Autism in a child care setting.
3. Participants will explore strategies for helping families.
4. Participants will identify services in their community to which parents may be referred.

February 8th – Mahnomen - “Getting in Tune” – on Temperaments – same class offered twice this day - 12:00 to 2pm and 2:30 to 4:30 pm – location to be announced


February 9th – Elbow Lake Village at the Community Center – Different Drummer: The Temperament Connection – 2 hours 6:30 to 8:30pm

Training: Autism: Including Children with Social, Communication, and Behavioral Needs

When: Thursday, February 16, 2012
Time: 6:30 to 9:30 pm
Where: Northland Technical College
    Room 117
    1101 Highway One East
    Thief River Fall, MN 56701

Registry Contact: Sue Heisler 218-983-3285 ext. 1225 Cost: $21 – Register by Feb. 10th, 2012
Instructor: Sue Heisler – CCRR Class out of NW district

Description: This workshop will explore the key characteristics of Autism Spectrum Disorder and give early childhood practitioners tools to more effectively include a child with Autism in their child care setting. Included in this interactive workshop are myths and facts about Autism as well as practical strategies and tips for inclusion. (From the Center for Inclusive Child Care)
Upcoming Classes offered to Parents, Teachers, Grandparents, Caregivers, and Community Members through the White Earth Child Care/Early Childhood Programs

**Learning Objectives:**

1. Participants will recognize some of the facts and misconceptions about Autism.
2. Participants will discuss strategies that facilitate inclusion of children with Autism in a child care setting.
3. Participants will explore strategies for helping families.
4. Participants will identify services in their community to which parents may be referred.

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**February 21th – Detroit Lakes – Module 2 of Program of Infant and Toddler lesson 1 “Together in Care: Creating Intimacy in Groups” and Lesson 2 “Together in Care: Primary Care” – 2.5 hours** at MN State Community Technical College in Detroit Lakes – Time 6:00 pm to 8:30 pm

**February 22nd – Mahnomen – PITC Class Lesson 7 – Emotional Development in Infants and Toddlers – same class offered 2 times – 12:00 to 2pm and 2:30 to 4:30pm**

February 25th – White Earth – TACSEI – Module 3 – 6 hours – must of attended TACSEI 1 and 2 to attend this class

February 28th and 29th – White Earth - Positive Indian Parenting – 14 hours – Education Conference Room at RTC

March 10th – White Earth – Part 1 of 10 Steps to Positive Discipline (White Earth – due to this is central for providers who have requested it) 5 hours

March 31st – White Earth – Part 2 of 10 Steps to Positive Discipline (White Earth – due to this is central for providers who have requested it)- 5 hours

March 20th – Naytahwaush - Topic TO BE ANNOUNCED - will be visiting with the Parent Mentors on this – this one will be focused on parent education per their need – 2 hours

March 21st – 28th and April 4th – Location to be Announced - Tentative dates for Community Touchpoints training – all day trainings – must attend all 3 days

**Training: Autism: Including Children with Social, Communication, and Behavioral Needs**

**When:** Thursday, March 22, 2012

**Time:** 6:30 to 9:30 pm

**Where:** Fergus Falls Library  
Jean Dahling Meeting Room  
205 East Hampden Avenue  
Fergus, Falls, MN 56537

**Registry Contact:** Sue Heisler 218-983-3285 ext. 1225  
**Cost:** $21 – Register by Friday, March 16, 2012

**Instructor:** Sue Heisler

**Description:** This workshop will explore the key characteristics of Autism Spectrum Disorder and give early childhood practitioners tools to more effectively include a child with Autism in their child care setting. Included in this interactive workshop are myths and facts about Autism as well as practical strategies and tips for inclusion.  
*(From the Center for Inclusive Child Care)*

**Learning Objectives:**
1. Participants will recognize some of the facts and misconceptions about Autism. 2. Participants will discuss strategies that facilitate inclusion of children with Autism in a child care setting. 3. Participants will explore strategies for helping families. 4. Participants will identify services in their community to which parents may be referred.

March 27th – Mahnomen – SIDS/SBS – 2 hours – 6:30 to 8:30 – Shooting Star Casino 777 Casino Road, Mahnomen

April 17th – Bemidji – Emotional Development in Infants & Toddlers (PITC in Module 1, Lesson 7) -2 hours 6:30 – 8:30pm –Holiday Inn Express 2122 Ridgeway Avenue - Bemidji, MN