



White Bison's Intergenerational Trauma Conference

April 2-4, 2009 Mahnomen, MN

White Bison's Intergenerational Trauma Conference will focus on giving participants the opportunity to explore the issues surrounding intergenerational trauma and develop skills and gain resources that will help them to work towards individual and community healing.

Location:

**Shooting Star Casino Hotel &
Event Center**

777 Casino Road

Mahnomen, MN 56557

Reservations: 800-453-7827

Room Rate \$50/night + tax

Registration Fee:

\$50.00

**Participants may register by
phone, fax or online at
www.whitebison.org**



White Bison, Inc
6145 Lehman Drive Suite 200, Colorado Springs, CO 80918
(719) 548-1000v, (719) 548-9407f
Email: info@whitebison.org www.whitebison.org





WHO SHOULD ATTEND:

Tribal leaders, community members, counselors, families, youth, treatment and prevention professionals



Conference Objectives:

This conference will give participants an opportunity to network with others who are addressing issues of youth and families. They will discover and discuss key elements of intergenerational trauma and how to heal individuals and communities using culturally appropriate knowledge. Participants will explore the Power of Forgiveness and discover how to develop the necessary tools to implement positive change in their own communities.



Keynote and Workshop by Jane Middleton-Moz

When generational traumas, such as war, genocide, oppression, poverty, sexual abuse, emotional abuse, physical abuse, death or loss of parents or siblings, residential schools, and institutionalization, alcoholism, and substance abuse, are not grieved and healed by individuals, families and communities, the effects of unresolved trauma are carried into the next generation. Individuals suffer from anniversary dates, cultural identity, low self-esteem, hypervigilance and inability to perform healthy relationships. Families have communication breakdown, increased domestic violence, shaming and sexual abuse, with healthy rituals for grieving, celebration, and rights of passage being lost. Isolation builds between family members. Community members begin to isolate from one another and frequently experience increased apathy, substance abuse, trauma and suicide epidemics among the youth. Signs of lateral violence such as family feuds, religious wars, competitiveness, gossip, and bloodism develop between members of the community, furthering the isolation and preventing steps toward healing.

When communities begin to understand the effects of generational trauma, a process of validation and healing can begin. Individuals, Families and Communities can begin a process of empowerment and recovery. In this workshop the effect of generational trauma will be explored as well as the resil-



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Agenda Highlights

Thursday, April 2, 2009

- 9:00am-9:30am Opening Ceremony
9:30am-10:15am Keynote-Don Coyhis
Overview of the Wellbriety Movement
10:15am-10:30am Break
10:30am-12:00pm From the Circle to the Pyramid - From Legacy to Choice—
Jane Middleton-Moz
12:00pm-1:30pm Lunch
1:30pm-3:15pm After the Tears; Healing Grief in Individuals, Families and
Communities - Jane Middleton-Moz
3:15pm-3:30pm Break
3:30pm-5:00pm After the Tears; Healing Grief in Individuals, Families and
Communities Contd' - Jane Middleton-Moz

Optional Healing Circle from 7pm to 9pm

Friday April 3rd, 2009

- 9:00am-9:30pm Opening Ceremony
9:30am-10:30am Gone Too Soon: The Causes and Effects of Suicide in Fami-
lies and
Communities- Jane Middleton-Moz
10:30am-10:45am Break
10:30am-12:00pm Gone Too Soon: The Causes and Effects of Suicide in Fami-
lies and
Communities/ Continued- Jane Middleton-Moz
12:00pm-1:30pm Lunch
1:30pm-3:15pm Shame and Guilt; Masters of Disguise - Understanding and
Healing Shame- Jane Middleton-Moz
3:15pm-3:30pm Break
3:30pm-5:00pm Rebuilding the Circle and Keeping It Strong - Empowering
and Rebuilding Communities, One Life at a Time-
Jane Middleton-Moz

Optional Forgiveness Ceremony from 7pm to 9pm

Saturday April 4th, 2009

- 9:00am-9:30am Opening Ceremony
9:30am-9:45am Explanation of Discovery Circles
9:45am-10:15am Discovery Circles
10:15am-10:30am Break
10:30am-11:00am Report Back of Discovery Circles
11:00am-12:00pm Keynote- Don Coyhis The 4 Directions of Forgiveness



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* If you would prefer, you may call White Bison at toll-free 1-877-871-1495 to register and pay by phone; or you can log onto the website at www.whitebison.org and use PayPal to submit your registration fee

Location:
Shooting Star Casino Hotel & Event Center
777 Casino Road
Mahnomen, MN 56557
Reservations: 800-453-7827
Room Rate \$50/night + tax

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone : _____ Organization : _____

Email: _____

Position or Title: _____

Tribal Affiliation if any: _____

Registration Fee \$50.00
_____ \$50.00 check enclosed
(make payable to White Bison)

_____ \$50 Charged to:
_____ Visa _____ Master Card
_____ American Express

Name on the Card: _____

Card Number: _____

Expiration Date: _____

Signature: _____



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